



GRACIE JIU-JITSU SAULT STE. MARIE
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FALL SCHEDULE STARTING Sept 4th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Master Cycle 9:30-11AM			Gracie Combatives 9:30-10:30AM
	Gracie Combatives 10:30-11:30 AM					
Little Champs 11:30-12:30PM						Jr. Grapplers 11:30-12:30PM
	Little Champs 5:15-6:15 PM	Jr. Grapplers 5:15-6:15 PM	Black Belt Club 5:15-6:15PM	Jr. Grapplers 5:15-6:15 PM	Little Champs 5:15-6:15 PM	
	Black Belt Club 6:16-7:15PM	Gracie Combatives 6:15-7:15 PM		Master Cycle 6:15-7:30pm	Gracie Combatives 6:15-7:15 PM	
	Master Cycle 7:15-8:30 PM				R/D / Fight Sim No Gi Sparring 7:15-8:30 PM	